

ANNUAL REPORT

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January – December 2022

Seek and
ignite creative
potential

Grow
and nurture
talent



Engage,
expose, and
encourage

Develop &
empower
individuals
holistically

Message from the Chairwoman



During the short period serving as Chairwoman of RAN, I've experienced a rush of activity ranging from upgrades of ART departments to various students competing in eisteddfods and festivals, to the commitment and passion from our facilitators. I'm extremely excited to see what the next year will bring.

Each one of us are constantly being inspired by small things around us, and my inspiration for this message comes from a few quotes I've read recently.

"Art is a way of survival" – Yoko Ono

We are surrounded by youth in very challenging circumstances. This is often the case in small towns like a farming community such as ours. Substance abuse, bullying, GBV and gang violence are extremely traumatic. Escaping into a world of creativity could be one of the healthiest and safest environments for most of our youth. Providing a platform for this escape, is not only beneficial to our creative society, but also an essential part in ensuring our youth will grow to be

mentally strong and well-balanced adults.

"Every child is an artist; the problem is how to remain an artist once he grows up" – Pablo Picasso

These words are very true, and any person reading this, believing there is such a thing as a creative child, and one who is not, is very much mistaken. Creativity is not only creating music, creating visual art, entertaining the ones around us. Creativity is something we need in every aspect of our lives. Traditional schooling ensures that our children are equipped with basic knowledge of how the world works, and in schools where children are fortunate to be educated in smaller groups, by teachers who have more time to exercise creativity, and then of course, encourage creativity, they will enter the world with a view of anything is possible. Limitations in our government schools ultimately restrict our poorer communities from growing beyond their socio-economic boundaries. Children need to constantly be in an environment where their creativity can be nurtured. Not necessarily for everyone to become an artist in ways of entertainment, but in business, in the work environment, to be more innovative and to think outside the box. Creativity comes in all forms, and it's a valuable personality trait of the most successful people in the world.

RAN, and organisations like us, are not only in place to keep our children busy and happy. As a support to the government schooling system, we are a necessity. If any of us can visualise drastic changes in the future, it will become a reality due to the partnership between us, and the education system.

To our funders and stakeholders, we thank you for your continued support, and to everyone reading this, all the potential sponsors I hope, I will leave you with the following quote by an anonymous artist.

"Art is cheaper than therapy – whoever said that, never went shopping for art supplies"

Monique Walbrugh

Message from the Executive Officer



Since our foundation in 2014, RAN has been growing and expanding rapidly over the years. I have enjoyed every moment of the 9 -year journey- through the good and the challenging years. We, as a team, have experienced more highlights and memorable moments outweighing the lows by far. The energy and excitement that the team exuberates daily makes the journey even more worth our while for staff & beneficiaries alike.

We have an awesome, dedicated team and the recipe of our success is very simple-

Firstly, our focus is always on the beneficiaries- it is never about us.

Secondly, we, as the staff, do not allow egos or pride to interfere in our core focus- the beneficiaries - any differences we might have, personal or professionally is always submissive to the focus on the beneficiaries.

2022 has been a “normal, but not so normal” year for us, but despite all the adjustments that had to be made after the 2-year lockdown interruption, we have made great progress in our projects and our achievements speak to this. I am very proud of the output and input we have maintained and managed to expand.

It is an honour and privilege to be leading this team and I would like to thank them for their loyalty, patience, selflessness, and hard work under difficult and often challenging circumstances.

To all our partners, various stakeholders, principals, teachers, other NGO's- (Enlighten Education Trust, Grow Strong, Suidooster Festival, Hessequa Harmonie) The Department of Basic Education, the University of Stellenbosch, public and private sector service providers- we value each and every one that is on this journey together with us adding value to RAN and therefor to every beneficiary.

We appreciate our funders, trusts, donors, and government entities that have been supporting us over the years.

Without your steadfast and continuous support, we cannot achieve and do the work daily.

The friendships and networks that have been established over many years means a lot to RAN, but also to me personally and these support systems are critical in difficult times.

The quote below is being realised in my life and in the lives of the RAN team daily. We feel blessed and honoured to live a life of service to the most vulnerable in our communities.

“The best way to find yourself is to lose yourself in the service of others”- Ghandi

I am looking to **2023 which will be our 10th year celebration**. The celebration will start off with a celebration concert at the Elgin Railway Market with the theme” An African dream on Canvas” on 23 March 2023- a showcase not to be missed.

Please save this date.

Many thanks and appreciation

Betsie Ryke

Note from the treasurer- Stuart Maxwell



Financial Report for the 12 Months ended 31 December 2021 and ongoing operations

Dear Members,

This past year has also been a stressful period due to the onslaught of Covid 19, but I am happy to say that the operational team under the inspirational leadership of Betsie Ryke, has found various ways of doing things differently. Sadly, the students suffered most since we were just unable to get to them in the many ways, we used too, but the numbers are growing now. Income was very good due to institutional support, and we have been able to spend this very beneficially as far as our students are concerned. During 2022 we have been able to reach a lot more students and inspire them in the Music, Art and Singing world.

Our whole team have used the funds available to the best of their endeavours to benefit even more students, and we so strongly believe in the philosophy that extra-mural, artistic work helps develop

young minds

Betsie Ryke has many new and exciting plans, and we will need to apply our minds to the best way forward as we expand again out of this epidemic. We all anticipate new growth for RAN activities.

To Sum up, we are financially balanced, always needing more funds to expand our influence over more young students, and control expenditure very carefully within our budget. All we want is to be able to influence more young children who benefit and grow from their involvement with music, art, and other activities, and working as a team, to produce young citizens and future leaders of Grabouw of whom we can all be proud.

Stuart Maxwell

17 November 2022.

In Memory of - Always in our hearts. Gone yet not forgotten



Rhoda Kadalie 22/10/1953- 16/04/202

Our relationship with Rhoda started when she came to assess RAN projects for a funder -to becoming a mentor to the RAN team- to eventually becoming a dear friend. Rhoda took special interest in RAN over the years, creating many opportunities for our beneficiaries and investing in the NGO through staff development.



Alfra Cox 16/12/1971- 24/12/2021

Alfra worked in the NGO field for many years and has been an integral part of the community of Grabouw. She was a crucial part of RAN for many years- first as a board member and then later served as Chairwoman for the last 3 years- a pillar of strength. When asked for advise she would always apply wisdom and calm to any situation. We still miss her input a support into RAN affairs and her friendship ever so often. Of both these ladies the following scripture is a testimony of their live

Well done, good and faithful servant.
You have been faithful over a little;
I will set you over much.
Enter into the joy of your master. – *Matthew 25:21*

HIGHLIGHTS 2022

Some of our memorable moments include:

- De Rust Futura Academy performs at Rhoda Kadalie memorial service in Rondebosch. Many well-known public figures and politicians were present. The choir sang a special son "Blue Sky" from *Ghoema* by Taliep Pietersen – one of Rhoda's favourite songs and the marimba band performed a truly African piece.
- Marimba band played at a special tourist event in the waterfront on a boat for Cape Canopy Tourist company
- Bands played at 2 weddings- one at Southill, Grabouw & De Meye, Stellenbosch
- RAN hosted the Suidooster talentsoek kompetisie. Betsie Ryke was part of the panel of judges. More than 60 solo artists & other acts from De Rust & Groenberg auditioned. 2 soloist (1 from De Rust & 1 from Groenberg) and the De rust Futura Prestige Marimba band made it through to the next round in March 2023 in Artscape
- Wine to Whales 6 of our less experienced marimba bands from various farm schools had the opportunity to play at the waterpoint at the country club
- We took part in various categories at the Overberg Eisteddfod and the Helderberg Eisteddfod (marimba, fine art & Choirs)
- We regularly play and sing at community functions, prize givings, funerals
- Hessequa Harmonie, Heidelberg. The prestige marimba band played at the main event at the Dassedrift theatre and took part in the Gala concert for mass choirs accompanied by the youth symphony orchestra of Cape Town



Stories and Reflections

It is the experience of the principal and teachers at De Rust Futura Academy that the learners are mentally activated by the activities that RAN and other service providers present at the school. It sets the tone for the day- learners are notably more focussed and energised.

Mr Du Toit, acting headmaster at Kathleen Murray Primary, says that he is keen on the Monday morning marimba classes, because it is often a much-needed stress relief activity for the learners after traumatic weekends under challenging circumstance in their home and community environments. Alcohol abuse, gang activities and violent acts takes place in proximity of their homes. Music and art activities provides the necessary mental and stress relief to stabilize the learners for the week.

Die afwisseling van ons aktiwiteite en die ander gesigte wat die kinders sien doen hulle ook goed -anders verval hul net daaglik in 'n verveelde roetine met geen positiewe vooruitsigte nie

Nog 'n skool gebruik ons aktiwiteite as 'n beloningsmeganisme- as die kinders nie saamwerk nie mag hul nie marimbas speel nie- vir positiewe gedrag word hul beloon met die deelname aan 'n kreatiewe projek.

It has been brought to our attention of case studies where learners stay in school just because they are motivated to attend and stay in school so that they can be part of the creative arts activities

Through our RAN activities we create a save space where troubled pupils often feel at ease enough to share or reveal their personal hardships and challenges to us.

Die program is 'n groot aanwinst vir ons leerders, aangesien dit help met hul holistiese ontwikkeling. Musiek help veral met die leerders se denkvermoens en hul ontwikkel hul wiskundige vaardighede. Die projekte help ons kinders om uit hul dop te kruip en beter te kommunikeer. Hul ontsnap ook vir 'n tydjie en vergeet van hul haglike huislike omstandighede.

Die RAN projekte bevorder discipline, samewerking en netheid. Die skool is baie trots op die positiewe bemerking wat die skool ontvang deur die aanbieding van die projekte. Mnr Rehard Smith -St Michaels Primêr

Always believe that something wonderful is about to happen

Introducing the RAN team



Betsie Ryke
Executive officer &
Music



Thomas Mctomas
Driver &
operations



Inge Combe
Music



Stephanie Reith
Specialised Arts &
skill training



Miranda Kriel
Accompanist



Tamlyn Mctomas
Assistant



Reagan Diedericks
Operational
manager & Music



Alani van
Schalkwyk
General At

Projects



Music appreciation project (MAP)



Background

The Music appreciation project was created due to and in accordance with the COVID lockdown and safety regulations. We launched the pilot project in August 2020. This project was well received by the various schools. Due to the wonderful response & success of this project we have continued and expanded this project into various schools, aftercare facilities and community hubs during 2021.

The popularity of the project speaks for itself and the demand for this intervention keeps increasing. Therefore we continued in 2022 and will want to continue and expand, but all in line with funding granted.

It has been well received and is in great demand.

The project was aimed at the Foundation Phase (Gr1-3) and Grade R.

Due to the overwhelming demand by the schools, we have since expanded into Intermediate Phase adding Gr 4-6.

Outcomes:

- Brings much needed distraction from the hectic academic program for both teachers and pupils.
- On a psychological level it brings relief from stress, anxiety, fear, and hopelessness that was clearly visible amongst the pupils and beneficiaries from the various communities and farms.
- It brings back a sense of normality and even fun
- most sports-and extramural activities have been cancelled and the creative arts activities are the only additional activities apart from the curriculum & academic workload
- Music, dance & movement, and rhythmic exposure broadens and stimulates the beneficiaries holistically in many ways- mentally, emotionally, psychologically, and physically

Footprint

Our contact point for most of our activities are at schools. These entities as schools, churches and aftercare venues provide structured facilities & venues and serves as community hubs.

Currently we are running this program at the following schools:

Pineview -, Kathleen Murray -, St Michaels -, Maxonia-, Dennegeur Primary,

Due to external challenges and the school's schedules at Grabouw High and De Rust Futura Academy we had to pause the MAP for now.

The Grabouw MAP program has been replaced by a recorder program for Gr 2 as requested by the school.

History will judge us by the difference we make in the everyday lives of children - Nelson Mandela

Jeug Ontwikkelings Projek- (JOP)

Background

This program was initiated due to the postponement of the re-opening date of schools from 25 Jan 2021- 15 Feb 2021. When we could not start in the schools' we had to look at alternatives to create work opportunities for our facilitators.

At the time the National Department of Education had the assistants- program running as a way of job creation for the youth at schools across the country. We saw this as a great opportunity to raise up assistants for our music appreciation program. We engaged and partnered with the schools and negotiated a great working arrangement.

What makes it even more ideal, is that we identified assistants at the local schools that have been part of our RAN projects whilst they were still at school. All of them have been through our projects either through singing in a choir or playing in a marimba band for a period of 5-7 years.

First JOP group Feb 2021- March 2022

We engaged with the Conservatorium of Stellenbosch and Danell Herbst, a lecturer at the US music department has been doing workshops – training and developing our JOP assistants to roll out the RAN music appreciation project.

We have had 6 workshops since February at The Thembalitsha HUB – where we have demonstration lessons with the Grade R class that resides on the premises.

In addition to the training, this group is now also an official Marimba band that practises weekly, reinforcing their musical- and teaching skills. The weekly marimba band practise provides and enhances their skills and repertoire so

that they can now assist with the marimba training at the schools that have marimba sets.

They very successfully performed at the Hessequa Harmonie Festival, Heidelberg in September 2021. The whole experience was an accelerated learning curve in various life skills (audience etiquette, social interaction with various groups, building up their confidence, financial responsibilities, building relationships, handling group dynamics & conflict). The group was exposed to the broader aspects of various art forms, and they attended music concerts and various productions in different genres.

At the picnic festival where they had their solo performance they were well received and did so well under pressure. The group was part of the grand finale performing together with well-known singers and artists like bass guitarist Schalk Joubert, singer & TV presenter Jak de Priester, Niel Rademan organiser & singer and opera singer Amanda Osorio.

During November/December 2021 to March 2022 we continued with the workshops and training.

Focussing on Life skills, personal development, Music, art, and occupational Therapy skills to address and support learning and physical disabilities that we discern when working with the beneficiaries.

We have added the Specialised Arts students to the JOP project.



Since January 2022 some changes happened in this program. Some of our assistants have accepted permanent jobs and other have resumed their studies.

We have however incorporated 3 of our matriculants of 2021 into the program and all the beneficiaries that left to study or work are still part of the marimba band and we have entered them into the virtual International Marimba and Steelpan festival that takes place in October 2022.

Since January 2022 the JOP Marimba group has performed at several events:

Southhill, Grabouw - wedding
7 April

Tourist event in the waterfront
for Cape Canopy tours 11 April

It is wonderful to see the

impact of the exposure that the beneficiaries experience. It gives them a bigger vision and dream bigger dreams about the world beyond Grabouw.

Instrumental Tuition

We have been running a Recorder & Music Theory project for the past 3 years. Because of NLC funding we could enter 5 of the 26 beneficiaries for the Trinity College of London's official exams. This would not have been possible without the financial support as the beneficiaries would not have been able to pay the entry fee of R585 per student. This is a first for all of them and opens a whole new world for the beneficiaries and their families.

We now have 8 recorder exams pupils preparing for the music exams in April 2023

We invited parents and family to an evening where the students could perform their exam pieces- the amazement on the faces of the audience –priceless!



Exam successes November 2021

Preparation for Trinity recorder exam During October/November we continued preparing our 5 beneficiaries for their Initial Trinity recorder exam. 5 Pupils from Grabouw High had to be video recorded and we sent our recordings to Trinity College for adjudication. We are very proud to say that the following learners, Chelsea, Keziah, Xaria, Lisa and Andrea passed with distinction. Ranging from 92%-94%.

NAME	GR
Chealsea Prins	7 A
Keziah Damon	7 A
Xaria Koul	7 A
Lisa Ntoyake	7 B
Andrea Kondowa	5 C



2022 Preparing for Trinity college initial & Unisa exams

In March 2022 we started **2 new recorder groups** with 13 Grade 2 recorder pupils and 8 Grade 4-6 learners. They are already showing promise and we are looking forward to the journey ahead.

Guitar lessons and Drums have commenced from February 2022. Music tuition takes place on Thursday Afternoons from 14:00-16:30. A total of 29 beneficiaries receive lessons on Thursday with 3 facilitators and 2 trainee-assistants.

Marimba Tuition



Participating bands at the Overberg Marimba Eisteddfod & Wine to Whales			
Dennegeur Foundation	75%	Groenberg Secondary	80%
St Michaels Primary	80%	Bo Radyn Farm	80%
Kathleen Murray Primary	85%	De Rust Futura Academy Junior	85%
Glen Elgin Primary	80%	De Rust Futura Academy Prestige	90%

Helderberg Eisteddfod Somerset West @Parel Vallei high school

Pineview Primary 89 %- Overall winners in their category competing with Beaumont Primary, Somerset House



We were complimented on the disciplined behaviour and musical playing by this Gr4 Marimba band of Pineview

Why fit in when you were born to stand out- Dr. Seuss

Choirs



Overberg Choir Eisteddfod Caledon

Pineview Primary 78 %

De Rust Futura Academy 88%

General and specialised Art



EISTEDDFOD RESULTS FOR THE YEAR

Overberg Art Eisteddfod Participants from RAN Specialised art class

Groenberg Secondary			Overberg Eisteddfod	Results
			Caterories entered	April 2022
Hayley Newman		F	1 Category	Gold
Nazeem vd Horst		M	2 categories	Silver & Cum laude
Chelsea Daniels		F		
Ashanti Thomas		F	1 category	Silver
Ashlyn August		F	1 category	Gold
Cameron Ali		M	1 category	Gold
Dabrian Hammon		M	2 categories	Silver & Cum laude
Onele Stemere		M	2 categories	Silver & Gold
Kabelo Stemere		M	2 categories	Gold & Silver
Emmanuel May		M	2 Categories	Silver & Cum Laude
Darren Howl		M		
Donica van der Horst		F	1 category	Silver
Jacques Robyn		M	1 category	Cum laude
Garthwin Boncling		M		

List of schools & Farms RAN 2021/2022

We use the existing structures of the schools to work in. This already existing structure is a convenient entry point to reach and maintain the beneficiaries. The venues at schools are available in the afternoons and the familiar surroundings and attainable locations makes it much easier to reach and monitor the beneficiaries.

<u>Primary schools (Village)</u>	number of participants	Activities
1. Pineview Primary	342	choir, marimba, MAP, instruments, art
2. Kathleen Murray Primary (KMP)	80	choir, marimba, MAP,
3. Grabouw High (primary section)	70	choir, marimba recorder, guitar, theory
<u>Farm schools</u>		
1. St. Michaels Primêr	105	choir, marimba, MAP, recorder
2. Glen Elgin Primêr	80	marimba
3. Maxonia Primêr	31	marimba, MAP
4. Dennegeur Primêr	66	marimba, MAP, recorder
<u>Secondary schools in Village & Farms</u>		
1. Groenberg Secondary	51	marimba, specialised art
2. Umyeso Wama Apile High	5	choir, specialised art
3. Grabouw High	70	recorder, marimba, music theory
4. De Rust Futura Academy	101	choir, marimbas, MAP
<u>Farm aftercare projects</u>		
1. Dennegeur Farms (Dennegeur Foundation)	40	marimba, recorder, guitar, art
2. Bo-Radyn (Vyeboom)	10	marimba
<u>JOP</u>		
1. Elgin Railway Market studio -Art training	5	specialised art & skills training
2. Grabouw High- Music training	6	marimba, MAP, theory, recorder

Outcomes & Benefits

As time progressed, we could see how the beneficiaries holistically improved during the implementation of the projects. The 2-year Covid lockdown have visibly slowed down and disrupted the development of our children.

We have seen the following impact, improvement, and outcomes that our interventions and projects are having, making a direct contribution to the holistic development of our learners:

Music affected the social cohesion in the classroom and teachers commented that beneficiaries displayed:

- a greater self-reliance and social adjustment
- that students were less aggressive
- that there was a better connection between the learners
- Reading & math skills improved

The RAN team noted that:

- The musicians and artists memory improved
- Learning the skill of understanding non-verbal communication
- Attention to detail is being developed
- Coordination and dexterity

We would like to thank all our funders and donors for the ongoing financial support we received. We cannot put into words how much we value and appreciate the funding that we receive. It has made our journey rewarding, but more importantly the journey of the most vulnerable in our rural community of Grabouw -the children and youth at risk were enriched on so many levels through the grant received.

It has enabled us to establish a solid foundation and sustainability for our projects and NGO.

Especially, at a time as this, we bring light and hope through the creative arts to the marginalised communities in the rural areas that need it the most.



BETSIE RYKE Executive Officer 083 229 0598

